### **CURRICULUM VITAE**

# Catrine Tudor-Locke, PhD, FACSM, FNAK

Dean, College of Health and Human Services University of North Carolina at Charlotte 9201 University City Blvd., Charlotte, NC 28223

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### 1. EDUCATION:

**Undergraduate and Graduate Education** 

BA (Physical Education)	University of Lethbridge	1985
MSc (Kinesiology)	Dalhousie University	1992
Certificate (Adult Education)	St. Francis Xavier University	1995
PhD (Health Studies and	University of Waterloo	2000

Gerontology)

Post Graduate Education and Training
Post-doctorate Pre Prevention Research Center 2000-2001

(Physical Activity and Public School of Public Health Health) University of South Carolina

Physical Activity and Public Health Research Course 2000

60 hour post-graduate course

Sponsored by the University of South Carolina

Collaborative Institutional Training Initiative (CITI) current as of 2018

**Human Subjects Training** 

**Workplace and Professional Training** 

Supervisor Leadership Development Program Harassment and Discrimination

**Budgeting** Intro to Anti-Bullying

**Union Contracts** Leadership Enhancement for Academic

Departments Program (LEAD) Harvard Program on Negotiation (Difficult

Conversations)

Support Program for Chairs/Heads: Rights, Responsibilities, and Authority of

Supporting and Managing Departmental Staff Chair; Role in Major Personnel Actions

and Graduate Student Employees Psychology of Employee/Faculty Complaints

Research Administration Mentorship Program Environmental Health & Safety for

Workers Compensation for Managers Managers

**Professional Development Options** Diagnosing & Delivering Corrective

EHRA Positon Management & Compensation Feedback for Mangers

for Managers

# 2. PROFESSIONAL/ACADEMIC EXPERIENCE:

<u>Date</u>	Position	Institution
1985-1989	Program Manager	Alberta YMCAs
1989-1991	Teaching Assistant	School of Physical Education, Recreation and Health Studies
		Dalhousie University
1991	Sessional Instructor	School of Physical Education, Recreation
	(Exercise Physiology)	and Health Studies
	, , , , , , , , , , , , , , , , , , , ,	Dalhousie University
1992-1996	Community Exercise Physiologist	Centre for Activity and Ageing
	, , ,	Department of Kinesiology
		University of Western Ontario
1993-1997	Fitness Coordinator	GoodLife Fitness Clubs, London, Ontario
1996-1997	Teaching Assistant	Department of Health Studies and
	(Epidemiology, Program	Gerontology
	Evaluation, Health Social	University of Waterloo
	Psychology)	- · · · · · · · · · · · · · · · · · · ·
1999	Sessional Instructor	Department of Health Studies and
	(Introduction to Gerontology:	Gerontology
	Health & Aging)	University of Waterloo
1998-2000	Study Coordinator	Centre for Activity and Ageing
	Diabetes and Exercise	School of Kinesiology
		Faculty of Health Sciences
		University of Western Ontario
2000-2001	Research Assistant Professor	Department of Health Promotion and
		Education
		University of South Carolina
2000-	Adjunct Professor	School of Kinesiology
2008	- <b>J</b>	Faculty of Health Sciences
		University of Western Ontario
2001-2005	Assistant Professor of Health	Department of Exercise and Wellness
	Promotion	Arizona State University East
2003-	Adjunct Professor	Department of Health Studies and
2008	J	Gerontology
		University of Waterloo
2003-2004	Visiting Scientist	Mayo Clinic Scottsdale
2004-2008	Affiliated Faculty	School of Health Management and Policy
	•	Arizona State University Tempe
2005-2006	Technical Advisor	Governor's Council on Health and Fitness
2005-2008	Associate Professor of Health	Department of Exercise and Wellness
	Promotion	Arizona State University
2005 to	Adjunct Scholar	Canadian Fitness and Lifestyle Research
present	•	Institute
•		

Fall 2007	Visiting Scholar	University of Western Australia, Perth, Australia
Fall 2007	Visiting Scholar	University of Queensland, Brisbane, Australia
Fall 2007	Visiting Scholar	University of Sydney, Sydney, Australia
2008 to 2009	Adjunct Faculty	Department of Exercise and Wellness Arizona State University
2008 to 2015	Associate Professor	Director, Walking Behavior Laboratory,
		Population Sciences, Pennington Biomedical
		Research Center, Baton Rouge, LA
2010- 2015	Pennington Site Lead	Population Sciences, Pennington Biomedical
	Interventionist	Research Center, Baton Rouge, LA
	LIFE Multi-center trial	
2011-2015	Research Affiliate Member	Graduate Faculty, Louisiana State University
2015- 2019	Professor	Department of Kinesiology, University of
		Massachusetts Amherst
2015-present	Adjunct Faculty	Pennington Biomedical Research Center
2015-2019	Affiliated Faculty	Center for Personal Health Monitoring,
		Institute of Applied Life Sciences,
		University of Massachusetts Amherst
2019-present	Adjunct Faculty	Department of Kinesiology
		School of Public Health and Health
		Sciences
		University of Massachusetts Amherst

## 3. ADMINSTRATIVE ASSIGNMENTS

2015- 2017 Chair, Department of Kinesiology University of Massachusetts Amherst

- Established a process to electronically archive all major Department documents
- Negotiated tenure year decision extension for Assistant Professor due to lab delay
- Negotiated Provost support for building cold room in support of basic science research
- Negotiated Provost support for needed class laboratory and office alterations
- Successfully advocated for accounting of non-traditional teaching as part of instruction load
- Developed and taught a model Honors Thesis Seminar course
- Expanded summer continuing professional education course offerings
- Successfully championed faculty for on-campus teaching and research awards
- Successfully advocated for front office administration staff promotions
- Established dedicated space for undergraduate teaching assistants
- Established a campus precedent with Graduate Studies for dealing with TA personnel issues
- Found sufficient costs savings to buffer immediate cuts as called for by higher administration

- Re-organized student award information and tracking templates
- Implemented successful external review and hosted campus visit
- Secured funds to support a collaborative investigator-initiated grant-related workshop
- Implemented skype/remote interactions with external scholars and NIH program officers
- Implemented a program to pay for external reviewers for grants

2017-2019 Associate Dean for Research and Administration, School of Public Health and Health Sciences, University of Massachusetts Amherst

- Re-organized Research Administration Office, hiring eight new staff
- Oversaw training during orientation, continued professional development, and team building
- Developed web portals for receiving service requests and service satisfaction surveys
- Set up standard operating procedures for pre-award and post-award services
- Established a welcoming process to on-board new faculty to services offered by Research Administration Office
- Automated quarterly grant submission and award reports for School and each Department
- Automated weekly "proposals in process" reports
- Worked with IT Office to develop ticketing system and address campus wide research compliance needs related to high speed, secure computing systems
- Established an Ad Hoc Faculty Technology Committee to catalog needs
- Established a process for all faculty candidates to build IT needs into startup requests
- Re-established the Faculty Research Committee and supported their faculty development efforts
- Worked with Research Development office to offer new faculty workshops: Road-mapping for Tenure Track Faculty, NIH Clinical Trials Requirements, NIH Open Access Publishing Requirements, K Award Panel, F31/F32 Administration Workshop
- Established a tradition of socially meeting with new faculty one-on-one in the Fall semester to initiate a relationship and assess research related needs
- Initiated weekly email grant-writing and research management-related tips
- Initiated a Research Scholar's Program (monthly lunch panels) for group mentoring of early career and on-boarding faculty
- Initiated School-wide Work in Progress events for funded faculty to share their research
- Oversaw Dean's research incentive and professional development awards
- Initiated a Dean's Summer PhD Fellowship Program

2019-present Dean, College of Health and Human Services, University of North Carolina at Charlotte

# 4. PROFESSIONAL ORGANIZATION MEMBERSHIPS:

- American Alliance of Health, and Physical Education, and Dance (past)
- American Diabetes Association (past)
- American Evaluation Society (past)
- American Heart Association (past)
- American Public Health Association (past)
- Canadian Evaluation Society (past)

- Canadian Society of Exercise Physiology (past)
- Diabetes Education Section, Canadian Diabetes Association (past)
- Society for Behavioral Medicine (past)
- The Obesity Society (past)
- American College of Sports Medicine (present)
- International Society of Behavioral Nutrition and Physical Activity (present)
- International Society for Physical Activity and Health (present)

# **5. HONORS AND AWARDS:**

<u>Date</u>	Award
1981	Alberta Heritage Fund Scholarship
1981	Lethbridge Legion Scholarship
1989	Dalhousie University Graduate Entrance Scholarship
1997, 98, 99	Ontario Graduate Scholarship
1997, 98, 99	Provost, Graduate Incentive Fund
1997, 98, 99	University of Waterloo Graduate Scholarship
1998	J. Alan George Student Leadership Award
1998	Bayer Corporation Education Innovation Award
	(Co-Recipient with W. Rodger)
2000	Governor-General Gold Medal
	University of Waterloo
2000	Early Career Award
	International Society of Behavioral Medicine
	(Travel award to attend International Congress of
	Behavioral Medicine in Australia)
2002	Research Quarterly for Exercise and Sport Writing Award
2003	Fellow of the American College of Sports Medicine
2003	Nominated for ASU East Award of Excellence for
	Researcher of the Year
2005	Early promotion to Associate Professor, Arizona State
	University
2006	SEACSM Lecturer (visited University of Alabama,
	Georgia State University, and Florida State University)
2007	Tenure granted at Arizona State University
2007	Sabbatical granted at Arizona State University
	(Study and travel in Australia)
2008	Granted rolling tenure (and continuously awarded during
	all years at this appointment) at Pennington Biomedical
2010	Research Center
2010 2010	Research Quarterly for Exercise and Sport Writing Award O'Dell Lecture (Invited Named Lecture at the University
2010	of Missouri)
2015	Promoted to Full Professor at University of Massachusetts
	Amherst
2015	Elected Fellow (#553) to the National Academy of
2016	Kinesiology
2016	University of Massachusetts Boston Research Excellence Award
	Awaiu

Catrine Tudor-Locke, PhD, FACSM, FNAK – April 2020

# 6. GRANTS AND CONTRACTS SUPPORT:

Researchers	Agency	\$ Amount	<b>Tenure</b>	<b>Short Title</b>
Tudor-Locke, C.	Employment and Immigration Canada	2,083	1995	Summer Student Work Placement ( 2 positions)
Ecclestone, N. (PI) <b>Tudor-Locke, C. (Co-I)</b>	St. Joseph's Health Centre Foundation	12,142	1995-96	Strategies to Increase Exercise Compliance in Frail Elderly
Ecclestone, N. (PI) Tudor-Locke, C. (Co-I)	Ministry of Health, Health Community Grants Program	11,865	1995-96	Training for the Trainer
Tudor-Locke, C.	Canadian Association on Gerontology	75	1996	Conference Travel (Quebec)
Ecclestone, N. (PI) Tudor-Locke, C. (Co-I)	ALCOOA New Horizons Partners in Aging	14,450	1997	Process Evaluation of Home-based Exercise Program
Tudor-Locke, C. (PI)	Lawson Diabetes Centre	1,972	1997	Needs Assessment: Physical activity Guidelines in Type 2 Diabetes
C. Tudor-Locke (PI)	Toronto East General Hospital and Mediscience Pharmaceuticals	5,200	1997	Blood Glucose Response to Acute Exercise in Type 2 Diabetes
Bell, R. (PI) <b>Tudor-Locke, C. (Co-I)</b>	University of Waterloo, Faculty of Applied Health Sciences	2,750	1997	Comparison of Pedometers to Other Indicators of Physical Activity
Tudor-Locke, C.	Ontario Chapter, Canadian Evaluation Society	500	1997	Conference Travel (Ottawa, Ontario)
Tudor-Locke, C.	Human Resources Development	3,570	1997	Summer Career Placements (2 positions)

Tudor-Locke, C. (PI)	Osteoporosis Society of Canada	10,000	1997-98	Risk Factors for Low Bone Density in Premenopausal Women
Rodger, N.W. (Co-PI) Tudor-Locke, C. (Co-I)	Canadian Diabetes Association, Bayer Award	5,000	1998-99	Development of Daily Activity Resources in Type 2 Diabetes
Ecclestone, N. (PI) Tudor-Locke, C. (Co-I)	Population Health Fund, Health Canada	27,000	1998-99	Randomized Evaluation of the Home Support Exercise Program for the Frail Elderly
Rodger, N.W. (PI) <b>Tudor-Locke, C. (Co-I)</b>	Pearl Laird Fund for Diabetes Research	4,301	1998-99	Preliminary Evaluation of Daily Activity Intervention in Type 2 Diabetes
Tudor-Locke, C.	Canadian Evaluation Society/SSHRC	800	1999	Conference Travel (Toronto, Ontario)
Tudor-Locke, C.	Dept. Health Studies, Faculty of Applied Health Sciences, University of Waterloo	700	1999	Conference Travel (Seattle, Washington)
Tudor-Locke, C.	Canadian Diabetes Association	500	1999	Conference Travel (Ottawa, Ontario)
Rodger, N.W. (PI) Tudor-Locke, C. (Co-I)	Canadian Diabetes Association	60,000	1998-2000	Evaluation of Physical Activity Interventions in Type 2 Diabetes
Ainsworth, B.E. (PI) <b>Tudor-Locke, C. (Co-I)</b>	Center for Disease Control Special Interest Projects	240,899U S	1999-2002	Develop and Test a BRFSS Module to Assess Community Indicators that Promote Physical

Rodger, N.W. (PI) <b>Tudor-Locke, C. (Co-I)</b>	Canadian Diabetes Association	\$80,000C 20 AN	001-2003	Activity Evaluation of Dissemination and Implementation of Prototypes of the First Step Program
Rodger, N.W. (PI) <b>Tudor-Locke, C. (Co-I)</b>	Health Canada	\$300,000CAN	2001- 2004	Evaluation of Dissemination of the
Tudor-Locke, C. (PI)	American Alliance of Health, Physical Education and Recreation	\$5,000	2003- 2004	First Step Program Children's Active Commuting to School
Tudor-Locke, C. (PI)	Arizona State University Graduate College	\$2,000	2003- 2004	Support for Research Conference: Physical Activity and Public Health
Corbin, C.B. (PI) C. Tudor-Locke (Co-I)	Arizona Department of Health Services	\$4,891	2003	Project Get WELL Arizona
C. Tudor-Locke (PI)	Canadian Institutes of Health Research	\$6,000  (an additional \$5000 was contributed by Kellogg Canada to an ASU Foundation account)	2003- 2004	Evaluation of Quality of Commercial Pedometers: Sensitivity, Specificity, Reliability, and the User Experience

Craig, C.L. (PI) <b>Tudor-Locke, C. (Co-I)</b>	Canadian Institutes of Health Research	\$60,000 CAN	2003- 2004	Measure and Track the Impact of the CMSO Initiative on the General Adult Canadian Population
Morgan, D. W. (PI) <b>Tudor-Locke, C. (Co-I)</b>	National Institutes of Health	\$1,868,750	2004- 2007	Locomotor Energy Use in Children with Cerebral Palsy
Tudor-Locke, C. (PI)	Arizona State University Graduate College	\$1,200	2005-2006	Support for Research Conference: Healthy Lifestyles
Tudor-Locke, C. (PI)	National Cancer Institute; National Institutes of Health	\$25,000	2005-2006	Metabolic Coding for Physical Activity in the American Time Use Survey
Kulinna, P.H. (Co-PI) <b>Tudor-Locke, C. (Co-PI)</b>	Gila River Indian Community Schools through the Carol M. White Physical Education Program (PEP), U.S. Department of Education.	\$243,686.00	2005-2006	Gila River Diabetes Prevention Initiative Consortium Agreement
Kulinna, P.H. (Co-PI) <b>Tudor-Locke, C. (Co-PI)</b>	Arizona Department of Education PEP), U.S. Department of Education.	\$101,918	2006-2007	Physical Education Pilot Grant

Kulinna, P.H. (Co-PI) <b>Tudor-Locke, C. (Co- PI</b> )	Salt River Pima- Maricopa Community Schools through the Carol M. White Physical Education Program	\$247,727	2007	Salt River Pima- Maricopa Community Schools Healthy Living Initiative
Faulkner, M.S. (PI) <b>Tudor-Locke, C. (Co-PI)</b>	National Institutes of Health	\$417,041	2006-2008	Personalized Exercise for Adolescents with Diabetes
Small, L. (PI) <b>Tudor-Locke, C. (Co-I)</b>	National Institutes of Health	\$219,119	2007-2009	PLAY! Parents Lead Active Youth
Keller, C. (PI) <b>Tudor-Locke, C. (Co-I)</b>	National Institutes of Health	\$213,142	2007-2009	Mujeres en Accion: Walking in Hispanic Women
Katzmarzyk, P.T. (PI) <b>Tudor-Locke, C. (Co-I)</b>	United States Department of Agriculture	\$700,000	2008-2013	Steps Toward Adapting Physical Activity and Dietary Guidelines for the Delta Population
Tudor-Locke, C. (PI)	American Heart Association	\$150,000	2011-2013	Comparative Effectiveness of Pedometer-based Walking Interventions: WALKMORE
Tudor-Locke, C. (PI)	Blue Cross and Blue Shield of Louisiana	\$55,000	2012-2013	Blue Cross Blue Shield of LA WalkStation Pilot Study

Katzmarzyk, P.T. (PI) <b>Tudor-Locke, C. (Co-I)</b>	Coca Cola Company	\$1,380,308	2008-2014	International Study of Childhood Obesity, Lifestyle and Environment
Keller, J. (PI) <b>Tudor-Locke, C. (Co-I)</b>	NIH (NCCAM)	\$121,250	2012-2014	Walking Interventions, Cognitive Remediation and Mild Cognitive Impairment
Tudor-Locke, C. (PI)	USDA	\$30,000	2012-2014	BMI: Accounting for the Full Day
Church, T.S. (Site PI) Tudor-Locke, C. (Co-I)	NIH (NIA)	\$5,827,246 Subcontract from NIH to University of Florida to PBRC.	2009-2015	Lifestyle Interventions and Independence for Elders – LIFE
Martin, C.K. (PI) <b>Tudor-Locke, C. (Co-I)</b>	NIH (NHLBI)	\$445,406	2010-2015	Examination of Mechanisms of Exercise-induced Weight Compensation
Tudor-Locke, C. (PI)	NIH (NCHID)	\$125,000	2013-2015	Cadence-Kids: Cadence and Intensity in Children and Adolescents

Tudor-Locke, PI	Pennington Biomedical Research Center LSU (Prime NIH- NICHD)	\$22,349	2015-2016	Cadence-Kids: Cadence and Intensity in Children and Adolescents
Tudor-Locke, PI	Pennington Biomedical Research Center LSU (Prime CDC- NIOSH)	\$4,128	2015-2017	WorkActive-P: Multi-component Workplace Energy Balance Intervention
Tudor-Locke, C. (PI)	NIH (NIA)	\$2,263,340	2015-2020	Cadence-Adults: Cadence and Intensity Across the Lifespan
Tudor-Locke, C. (PI)	NIH (NIA)	\$311,564	2018-2020	Diversity supplement to Cadence-Adults
Tudor-Locke, C.	Executive Health Examinations International	\$7,500	2018	Best practices for workplace wellness

### 7. PUBLICATIONS:

Original Manuscripts Published in Peer-reviewed Journals: I currently have over 300 articles published or in press in leading physical activity related journals. I have written more than 100 articles as first author/sole author. My H-Index is currently 65 (Web of Science, April, 2020) that at least 65 of my publications have been cited at least 65 times.

- 1. **Tudor-Locke, C.,** Myers, A.M., Rodger, N.W., & Ecclestone, N.A. Towards acceptable exercise guidelines for Type 2 diabetes: An examination of current standards and practices. *Canadian Journal of Diabetes Care.* 1998, 22: 47-53. *Nominated for the Novo- Disc Best Journal Article 1998.*
- 2. Myers, A.M., Malott, O.W., Gray, E., **Tudor-Locke, C.,** Ecclestone, N.A., O'Brien Cousins, S., & Petrella, R. Measuring accumulated health-related benefits of exercise participation for older adults. The Vitality Plus Scale. *Journal of Gerontology: Medical Sciences.* 1999, 54 (9): M456-466.
- 3. Lazowski, D.A., Ecclestone, N.A., Myers, A.M., Paterson, D.H., **Tudor-Locke, C.,** Fitzgerald, C., Jones, G., Shima, N., & Cunningham, D.A. A randomized outcome evaluation of group exercise programs in long-term care institutions. *Journal of Gerontology: Medical Sciences.* 1999, 54 (12): M621-628.
- 4. **Tudor-Locke, C.,** Myers, A.M., Jacob, C.S., Jones, G., Lazowski, D.A. & Ecclestone, N.A. Development and formative evaluation of the Centre for Activity and Ageing's Home Support Exercise Program for frail older adults. *Journal of*

- Aging and Physical Activity. 2000, 8: 59-75.
- 5. **Tudor-Locke, C.,** & McColl, R.S. Factors related to variation in premenopausal bone mineral status: A health promotion perspective. *Osteoporosis International*. 2000,11 (1): 1-24.
- 6. **Tudor-Locke, C.E.,** Bell, R.C., & Myers, A.M. Re-visiting the role of physical activity and exercise in the treatment of Type 2 diabetes. *Canadian Journal of Applied Physiology*. 2000, 25 (6): 466-492.
- 7. **Tudor-Locke, C.,** Myers, A.M., & Rodger, N.W. Formative evaluation of The First Step Program: A practical intervention to increase daily physical activity. *Canadian Journal of Diabetes Care*. 2000, 24 (4): 34-38.
- 8. **Tudor-Locke, C.,** & Myers, A.M. Challenges and opportunities in measuring physical activity in sedentary adults. *Sports Medicine*. 2001, 31 (2): 91-100.
- 9. **Tudor-Locke, C.,** Myers, A.M. & Rodger, N.W. Development of a theory-based daily activity intervention for individuals with type 2 diabetes. *Diabetes Educator*. 2001, 27 (1): 85-93.
- 10. **Tudor-Locke, C.,** & Myers, A.M. Methodological considerations for researchers and practitioners using pedometers to measure physical (ambulatory) activity. *Research Quarterly for Exercise and Sport*. 2001, 72 (1): 1-12. *Awarded the 2002 Research Writing Award*.
- 11. **Tudor-Locke, C.,** Ainsworth, B.E., & Popkin, B.M. Active commuting to school: An overlooked source of children's physical activity? *Sports Medicine*. 2001, 31 (5): 309-313.
- 12. **Tudor-Locke, C.** A preliminary study to determine instrument responsiveness to change with a walking program: Physical activity logs vs. pedometers. *Research Quarterly for Exercise and Sport.* 2001, 72 (3): 288-292.
- 13. Wilcox, S., Irwin, M.L., Addy, C., Ainsworth, B., Stolarczyk, L., Whitt, M., & **Tudor-Locke, C.** Agreement between participant-rated and compendium-coded intensity of daily activities in a tri-ethnic sample of women 40 years and older. *Annals of Behavioral Medicine*. 2001, 23 (4): 253-262.
- 14. **Tudor-Locke, C.,** Ainsworth, B.E., Whitt, M.C., Thompson, R., Addy, C.L. Jones, D. The relationship between pedometer-determined ambulatory activity and body composition variables. *International Journal of Obesity*. 2001, 25: 1571-1578.
- 15. **Tudor-Locke, C.,** Myers, A.M., Bell, R., Harris, S., Rodger, N.W., & Mitek, N. Pedometer-assessed ambulatory activity and body composition in individuals with Type 2 diabetes. *Diabetes Research and Clinical Care*. 2002, 55 (3):191-199.
- 16. **Tudor-Locke, C.,** Myers, A.M., Bell, R., Harris, S., & Rodger, N.W. Preliminary outcome evaluation of the First Step Program: A daily physical activity intervention for individuals with type 2 diabetes. *Patient Education and Counseling*. 2002, 47 (1):23-28.
- 17. **Tudor-Locke, C.,** & Evans, A. Impact of the "Walk Your Children to School Day" on traffic surrounding an elementary school. *SCAHPERD Journal of Physical Education, Recreation, and Dance.* 2002, 33 (1): 4-5.
- 18. **Tudor-Locke, C.** Taking steps toward increased physical activity: Using pedometers to measure and motivate. Invited article to the *President's Council of Physical Fitness and Sports Research Digest.* 2002, 3 (17): 1-8.
- 19. **Tudor-Locke, C.,** Jones, G.R., Myers, A.M, Paterson, D.H., & Ecclestone, N.A. Contribution of structured exercise class participation to total physical activity in community-dwelling older adults. *Research Quarterly for Exercise and Sport.* 2002, 73 (3): 350-356

- 20. **Tudor-Locke, C.,** Williams, J.E., Reis, J.P. & Pluto, D. Utility of pedometers for assessing physical activity: Convergent validity. *Sports Medicine*. 2002, 32(12): 795-808.
- 21. **Tudor-Locke, C.,** Ainsworth, B.E., Thompson, R.W., Matthews, C.E. Comparison of pedometer and accelerometer measures of free-living physical activity. *Medicine and Science in Sports and Exercise*. 2002, 34 (12): 2045-2051.
- 22. **Tudor-Locke, C.,** Neff, L.J. Ainsworth B.E., Addy, C.L., & Popkin, B.M. Omission of active commuting to school and the prevalence of children's health-related physical activity levels: The Russian Longitudinal Monitoring Study. *Child: Health Care and Development*. 2002, 29 (6): 507-512.
- 23. **Tudor-Locke, C.,** Ainsworth B.E., Adair, L.S., & Popkin, B.M. Physical activity in Filipino youth: The Cebu Longitudinal Health and Nutrition Survey. *International Journal of Obesity*. 2003, 27 (2): 181-190.
- 24. **Tudor-Locke, C.,** Ainsworth B.E., Adair, L.S., & Popkin, B.M. Objective physical activity of Filipino youth stratified for commuting mode to school. *Medicine and Science in Sports and Exercise*. 2003, 35 (3): 465-471.
- 25. Le Masurier, G.C., & **Tudor-Locke, C.** Comparison of pedometer and accelerometer accuracy under controlled conditions. *Medicine and Science in Sports and Exercise*. 2003, 35 (5): 867-871.
- 26. **Tudor-Locke, C.,** Ainsworth, B.E., Adair, L., Du, S. & Popkin, B.M. Physical activity and inactivity in Chinese school-aged youth: The China Health and Nutrition Survey. *International Journal of Obesity*. 2003, 27 (9): 1093-1099.
- 27. **Tudor-Locke, C.,** Ainsworth, B.E., Whitt, M.C., Thompson, R., Addy, C.L., & Jones, D.A. Pedometer-assessed ambulatory activity and cardiorespiratory fitness. *Canadian Journal of Applied Physiology*. 2003, 28 (5): 699-709.
- 28. **Tudor-Locke, C.,** Henderson, K.A., Wilcox, S., Cooper, R.S., Durstine, J.L., Ainsworth, B.E. In their own voices: definitions and interpretations of physical activity. *Women's Health Issues*. 2003, 13: 194-199.
- 29. Chan, C.B., Spangler, E., Valcourt, J. & **Tudor-Locke**, C. Cross-sectional relationship of pedometer-determined ambulatory activity to indicators of health. *Obesity Research*. 2003, 11 (12): 1563-1570.
- 30. **Tudor-Locke, C.** & Bassett Jr., D.R. How many steps/day are enough? Preliminary pedometer indices for public health. *Sports Medicine*. 2004, 34 (1): 1-8.
- 31. **Tudor-Locke, C.,** Bell, R.C., Myers, A.M., Harris, S.B., Ecclestone, N.A., Lauzon, N., & Rodger, N.W. Controlled outcome evaluation of the First Step Program: A daily physical activity intervention for individuals with Type 2 diabetes. *International Journal of Obesity*. 2004, 28 (1): 113-119.
- 32. Cyarto, E.V., Myers, A.M. & **Tudor-Locke**, **C.** Pedometer accuracy in nursing home and community-dwelling older adults. *Medicine and Science in Sports and Exercise*. 2004, 36 (2): 205-209.
- 33. **Tudor-Locke, C.,** Williams, J.E., Reis, J.P. & Pluto, D. Utility of pedometers for assessing physical activity: Construct validity. *Sports Medicine*. 2004, 34 (5): 281-91.
- 34. Le Masurier, G.C., Lee, S.M., & **Tudor-Locke, C**. Motion sensor accuracy under controlled and free-living conditions. *Medicine and Science in Sports and Exercise*. 2004, 36 (5): 905-10.

- 35. **Tudor-Locke, C.,** Pangrazi, R.P., Corbin, C.B., Rutherford, W.J., Vincent, S.D., Raustorp, A., Tomson, L.M., & Cuddihy, T.F. BMI-referenced standards for recommended pedometer-determined steps/day in children. *Preventive Medicine*. 2004, 38 (6):857-864.
- 36. Whitt, M.C., Ainsworth, B.E., DuBose, K.D., & **Tudor-Locke**, **C.** Walking patterns in a sample of African American, Native American, and Caucasian women: The Cross Cultural Activity Participation Study. *Health Education and Behavior*. 2004, 31 (4 Suppl 1): 45-56.
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### **Miscellaneous Publications**

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- 119. Barreira, T. V., Schuna, J. M., Jr., Chaput, J. P., Church, T., Fogelholm, M., Hu, G., Kuriyan, R., Lambert, E., Maher, C., Maia, J., Matsudo, V., Olds, T., Onywera, V., Kurpad, A., Sarmiento, O., Standage, M., **Tudor-Locke, C.,** Tremblay, M., Zhao, P.,

- & Katzmarzyk, P. Reliability of accelerometer-determined moderate-to-vigorous physical activity in children: A 12 country study. Presented at: International Conference on Ambulatory Monitoring of Physical Activity and Movement, Limerick, Ireland, June 2015.
- 120. Han, H., Schuna, J., Johnson, W., & **Tudor-Locke**, C. Accelerometer-determined step counts in simulated free-living activities in children and adolescents: Cadence-kids. American College of Sports Medicine Annual Meeting, Boston, MA, May/June 2016. *Medicine and Science in Sport and Exercise*. 2016 May;48(5 Suppl 1):1058.
- 121. **Tudor-Locke, C.,** Schuna, J.M. Jr., Han, H., Larrivee, S., Hsia, D.S., & Johnson, W.D. The relationship between steps/min and intensity on a treadmill in children and adolescents: Cadence-kids: American College of Sports Medicine Annual Meeting, Boston, MA, May/June 2016. *Medicine and Science in Sport and Exercise*. 2016 May;48(5 Suppl 1):1057-8
- 122. Schuna, J.M., Hsia, D.S., Johnson, W.D., & **Tudor-Locke**, **C.** Effect of raw acceleration filtering methods on the relationship between accelerometer outputs and energy expenditure. American College of Sports Medicine Annual Meeting, Boston, MA, May/June 2016. *Medicine and Science in Sport and Exercise*. 2016 May;48(5Suppl 1):813.
- 123. Johannsen, N., Harris, M.N., Hawkins, K., Apolzan, J., **Tudor-Locke, C.**, Earnest, C.P., Martin, C., & Church, T.S. Exercise Training Impact On The Accuracy Of The ACSM's Equations To Estimate Energy Expenditure: American College of Sports Medicine Annual Meeting, Boston, MA, May/June 2016. *Medicine and Science in Sport and Exercise*. 2016 May;48(5 Suppl 1):547.
- 124. Green, M.A., Busa, M., Schuna, J., **Tudor-Locke, C.** Energy expenditure associated with Froude number and traditional speed measures in children and adolescents. American College of Sports Medicine Annual Meeting, Boston, MA, May/June 2016. *Medicine and Science in Sport and Exercise*. 2016 May;48(5 Suppl 1):374.
- 125. Barreira, T.V., Schuna, J.M. Jr., Martin, C.K., Church, T.S., Johnson, W.D., & Tudor-Locke C. Actigraph does not detect increases in steps/day when compared to pedometer. American College of Sports Medicine Annual Meeting, Boston, MA, May/June 2016. Medicine and Science in Sport and Exercise. 2016 May;48(5 Suppl 1):314.
- 126. Aguiar E.J., Han H., Ducharme S.W., Lim J., Moore, C.C., **Tudor-Locke, C.** Relationship between allometrically scaled cadence, step length, speed, and oxygen consumption during over-ground walking. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2016.
- 127. Ducharme S.W., van Emmerick R.E., Aguiar E.J., Han H., Moore C.C., Lim J., Staudenmayer J., Busa M.A., Sirard J.R., **Tudor-Locke, C.** Stride-time variability and metabolic cost of walking as a function of walking speed. *New England American College of Sports Medicine*, Providence, RI, October, 2016.
- 128. Moore, C.C., Ducharme, S.W., Han H., Aguiar E.J., Sirard J.R., Busa M.A., Lim J., **Tudor-Locke, C.** Step-count accuracy of the ActiGraph GT9X LINK accelerometer at a novel location on the heel. *New England American College of Sports Medicine*, Providence, RI, October, 2016.
- 129. Han H., Aguiar E.J., Staudenmayer, J., Ducharme, S.W. Moore, C.C., Busa M.A., Sirard J.R., **Tudor-Locke, C.** Accuracy of accelerometer-determined cadence in simulated free-living activities in young adults: Cadence-Adults. *New England American College of Sports Medicine*, Providence, RI, October, 2016.
- 130. **Tudor-Locke, C.,** Schuna, J.M. Jr., Barreira, T.V., Mire, E.F., Broyles, S.T., Catrine Tudor-Locke, PhD, FACSM, FNAK April 2020

- Katzmarzyk, P.T., Johnson, W.D. Reference peak 30-min cadence values for older adults: NHANES 2005-2006. Gerontological Society of America Annual Meetings, New Orleans, Louisiana, November 2016.
- 131. Barreira, T.V., Redmond, J., Schuna, J.M.Jr, Brutsaert, T., & **Tudor-Locke, C.** Can time spent at 0 steps/min be used as a proxy of sedentary behavior or sedentary time? 6<sup>th</sup> International Congress on Physical Activity and Public Health, Bangkok, Thailand, November, 2016.
- 132. Aguiar E.J., Ducharme S.W., Han H., Lim J., Moore C.C., Busa M.A., Sirard J.R., Chipkin S.R., Staudenmayer J., **Tudor-Locke C.** The relationship between walking cadence and percentage of maximum heart rate. American College of Sports Medicine Annual Meeting, Denver, CO, May, 2017.
- 133. Han H., Aguiar E.J., Ducharme S.W., Lim J., Moore C.C., Busa M.A., Sirard J.R., Chipkin S.R., Staudenmayer J., **Tudor-Locke C.** Zero cadence as a proxy indicator of sitting behaviors in objective monitoring. American College of Sports Medicine Annual Meeting, Denver, CO, May, 2017.
- 134. Lim J., Han H., Aguiar E.J., Busa M.A., Ducharme S.W., Moore C.C., Chipkin S.R., Staudenmayer J., **Tudor-Locke C.** Development and validation of universal step detection threshold for raw accelerometer data. American College of Sports Medicine Annual Meeting, Denver, CO, May, 2017.
- 135. **Tudor-Locke C.,** Schuna J.M., Barreira T.V., Han H., Aguiar E.J., Ducharme S.W., Lim J., Moore C.C., Busa M.A., Sirard J.R., Chipkin S.R., Staudenmayer J. The relationship between steps/min and intensity on a treadmill in 21-40 year old adults. American College of Sports Medicine Annual Meeting, Denver, CO, May, 2017.
- 136. Aguiar E.J., Ducharme S.W, Han H., Lim J., Moore C.C., Busa M.A., Chipkin S.R., Staudenmayer J., **Tudor-Locke C.** Relationship between walking cadence and percentage of heart rate reserve. International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Victoria, Canada, June, 2017.
- 137. **Tudor-Locke C.,** Han H., Ducharme S.W., Schuna J.M, Barreira T.V., Aguiar E.J., Lim J., Moore C.C., Busa M.A., Sirard J.R., Chipkin S.R., Staudenmayer J. Waist and wrist accelerometer step outputs in treadmill and simulated activities of daily living. International Society of Behavioral Nutrition and Physical Activity Annual Meeting, Victoria, Canada, June, 2017.
- 138. Aguiar E.J., Han H., Ducharme S.W., Moore C.C., Schuna J.M., & **Tudor-Locke**, C. Classification accuracy of cadence cut points for discriminating moderate- and vigorous- intensity ambulation. 5th International Conference on Ambulatory Monitoring of Physical Activity and Movement, Bethesda, MD, June, 2017.
- 139. **Tudor-Locke, C.,** Aguiar E.J., Han, H., Ducharme, S.W., Lim, J., Moore, C.C., Busa, M.A., Schuna, J.M., Barreira, T.V., & Chipkin, S.R. Accelerometer-determined steps/min versus activity counts/min for discriminating moderate-intensity ambulation. 5th International Conference on Ambulatory Monitoring of Physical Activity and Movement, Bethesda, MD, June, 2017.
- 140. Han, H., Aguiar E.J., Schuna, J.M., Barreira, T.V., Larrivee, S., Johnson W.D., **Tudor-Locke, C.** Cadence cut-point thresholds for moderate-intensity ambulatory activity in children andadolescents: The CADENCE-Kids study. 5th International Conference on Ambulatory Monitoring of Physical Activity and Movement, Bethesda, MD, June, 2017.
- 141. Han, H., Schuna, J.M., Barreira, T.V., Larrivee, S., Johnson W.D., Aguiar E.J., Tudor-Locke, C. Zero cadence as a proxy indicator of sedentary behavior in children and adolescents. 5<sup>th</sup> International Society of Behavioral Nutrition and Physical Activity Catrine Tudor-Locke, PhD, FACSM, FNAK April 2020

- Annual Meeting, Victoria, Canada, June, 2017.
- 142. Moore, C.C., Aguiar, E.A., Han, H., & Tudor-Locke, C. A review of objective step-count mean absolute percent errors (MAPE): Informing validation standards. 5th International Conference on Ambulatory Monitoring of Physical Activity and Movement, Bethesda, MD, June, 2017.
- 143. **Tudor-Locke, C.,** Schuna, J.M., Barreira, T.V., Aguiar, E.J., Ducharme, S.W., & Moore C.C. Moderate and vigorous intensity cadence (steps/min) walking thresholds in 41-60 year old adults. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 144. Aguiar, E.J., Ducharme, S.W., Moore, C.C., Schuna, J.M., Barreira, T.V., & **Tudor-Locke C.** ActivPAL-determined cadence (steps/min) thresholds associated with moderate and vigorous intensity walking. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 145. Ducharme, S.W., Aguiar, E.J., Moore, C.C., Schuna, J.M., Barreira, T.V., & **Tudor-Locke**, **C.** Predicting overground and treadmill walking intensity: Does cadence standalone? *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 146. Moore, C.C., Aguiar, E.J., Ducharme, S.W., Schuna, J.M., Barreira, T.V., & **Tudor-Locke, C.** Cadence (steps/min) thresholds using different indicators of moderate and vigorous intensity. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 147. Gould, Z.R., Aguiar. E.J., Ducharme, S.W., Moore, C.C., Schuna, J.M., Barreira, T.V., **Tudor-Locke, C.** Cadence (steps/min) and intensity relationship by self-reported activity levels in 21-60 year olds. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 148. Migueles J.H., Ducharme, S.W., Aguiar, E.J., Moore, C.C., Schuna, J.M., Barreira, T.V., & **Tudor-Locke**, **C.** An evaluation of the accuracy of four different motion sensors at self-paced walking overground. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 149. Sands, C.J., Aguiar, E.J., Ducharme, S.W., Han, H., Moore, C.C., & **Tudor-Locke, C.** Impact of cadence-based metronome entrainment on walking speed. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 150. Perry, D.C., Ducharme, S.W., Sands, C.J., Aguiar, E.J., & **Tudor-Locke C.** Music-based cadence entrainment and walking intensity. *New England American College of Sports Medicine Fall Conference*, Providence, RI, October, 2017.
- 151. Ducharme, S.W., Perry, D.C., Sands, C.J., Aguiar, E.J., Moore, C.C., & **Tudor-Locke, C.** Does music-based rhythmic auditory cueing alter the correlation structure of stride times? *Medicine and Science in Sports and Exercise*, 2018, 50(5S):816. *American College of Sports Medicine Annual Meeting*, Minneapolis, MN, USA.
- 152. Moore, C.C., Ducharme, S.W., Aguiar, E.J., Staudenmayer, J., Chipkin, S.R., Schuna, J.M. Jr., Barreira, T.V., & **Tudor-Locke, C.** Revisiting the ACSM metabolic equation for walking: Development of a cadence (steps/min) metabolic equation. *Medicine and Science in Sports and Exercise*, 2018, 50(5S):614-615. *American College of Sports Medicine Annual Meeting*, Minneapolis, MN, USA.
- 153. **Tudor-Locke, C.,** Aguiar, E.J., Ducharme, S.W., Moore, C.C., Schuna, J.M. Jr., Berreira, T.V., Chipkin, S.R., Staudenmayer, J. Moderate and vigorous intensity walking cadence (steps/min) thresholds in 41-60 year old adults. *Medicine and*

- Science in Sports and Exercise, 2018, 50(5S):294-295. American College of Sports Medicine Annual Meeting, Minneapolis, MN, USA.
- 154. Gould, Z.R., Aguiar, E.J., Ducharme, S.W., Moore, C.C., Schuna, J.M., Barreira, T.V., Chipkin, S.R., & **Tudor-Locke**, **C.** Classification accuracy of a moderate intensity cadence (steps/min) threshold during overground walking. *Medicine and Science in Sports and Exercise*, 2018, 50(5S):582. *American College of Sports Medicine Annual Meeting*, Minneapolis, MN, USA.
- 155. Sands, C.J., Ducharme, S.W., Perry, D.C., Aguiar, E.J., Moore, C.C., & **Tudor-Locke**, C. Does music-based cadence entrainment alter metabolic intensity? *Medicine & Science in Sports & Exercise*, 2018, 50(5S):68. *American College of Sports Medicine Annual Meeting*, Minneapolis, MN, USA.
- 156. Thomas, D.M., Adams B., Fidler K., Demoes N., Aguiar E.J., Ducharme S.W., McCullough A.K., Moore C.C., **Tudor-Locke C.** How many steps per day is enough: A machine learning approach. *The Obesity Society*, Nashville, TN, Nov 2018.
- 157. Amalbert-Birriel, M.A., McCullough, A.K., Moore, C.C., Aguiar, E.J., Ducharme, S.W., Gould, Z.R., Sands, C.J., **Tudor-Locke**, **C.** Estimating energy expenditure from device-determined cadences. *New England American College of Sports Medicine Fall Conference*, Providence, RI, Nov 2018.
- 158. Gould, Z.G., Aguiar, E.A., Moore, C.C., Ducharme, S.W., Sands, C.J., **Tudor-Locke, C.** Effect of Music-Based Rhythmic Auditory Cueing on Gait Variability. *New England American College of Sports Medicine Fall Conference*, Providence, RI, Nov 2018.
- 159. Moore, C.C., Ducharme, S.W., Aguiar, E.J., Sands, C.J., Gould, Z.R., **Tudor-Locke, C.** Cadence (Steps/Min) and Metabolic Intensity During Unconstrained and Cadence-Entrained Overground Walking. *New England American College of Sports Medicine Fall Conference*, Providence, RI, Nov 2018.
- 160. Sands, C.J., Ducharme, S.W., Aguiar, E.A., Moore, C.C., Gould, Z.G., Tudor-Locke, C. Cadence as a Predictor of the Walk-to-Run Transition. New England American College of Sports Medicine Fall Conference, Providence, RI, Nov 2018.
- 161. **Tudor-Locke, C.,** Ducharme, S.W., Moore, C.C., McCullough, A.K., Aguiar, E.J. Cadence (steps/min): how fast is fast enough for older adults? *Innovation in Aging*, 2018, 2(S1):790. *Gerontological Society of America Annual Scientific Meeting*, Boston, MA, Nov 2018.
- 162. Ducharme, S.W., Aguiar, E.J., Moore, C.C., Amalbert-Birriel, M.A., Sands, C.J., Gould, Z.R., McCullough, A.K., & **Tudor-Locke. C.** Relationship between gait capacity and posture profiles in older adults. *Innovation in Aging*, 2018, 2(S1):886. *Gerontological Society of America Annual Scientific Meeting*, Boston, Nov 2018.
- 163. McCullough, A.K., Aguiar, E.J., Moore, C.C., Amalbert-Birriel, M.A., Gould, Z.R., Ducharme, S.W., & **Tudor-Locke, C.** Daily walking, autonomic and cardiopulmonary function in older adults. *Innovation in Aging*, 2018, 2(S1):942. *Gerontological Society of America Annual Scientific Meeting*, Boston, Nov 2018.
- 164. Amalbert-Birriel, M.A., Moore, C.C., McCullough, A.K., Ducharme, S.W., Gould, Z.R., Sands, C.J., Aguiar, E.J., Schuna, J.M., Barreira, T.V., Chipkin, S.R., Tudor-Locke, C. Device-specific Cadence (steps/min) Thresholds For Metabolic Intensities of Walking. *Medicine & Science in Sports & Exercise*, 2019, 51(5S):296. *American College of Sports Medicine Annual Meeting*, Orlando, FL, USA, May 28-June 1, 2019.
- 165. Ducharme, S.W., Aguiar, E.J., McCullough, A.K., Moore, C.C., Sands, C.J,

- Amalbert-Birriel, M.A., Gould, Z.R., Schuna, J.M., Tiago, V.B., Chipkin, S.R., **Tudor-Locke, C.** Do Older Adults Achieve Moderate Intensity When Walking At Their Self-selected Pace? *Medicine & Science in Sports & Exercise*, 2019, 51(5S):241. *American College of Sports Medicine Annual Meeting*, Orlando, FL, USA, May 28-June 1, 2019.
- 166. Gould, Z.R., Ducharme, S.W., McCullough, A.K., Moore, C.C., Sands, C.J., Amalbert-Birriel, M.A., Aguiar, E.J., Schuna, J.M., Barreira, T.V., Chipkin, S.R., Tudor-Locke, C. Cadence (steps/min) Thresholds for Relative Intensity Indicators In Older Adults. *Medicine & Science in Sports & Exercise*, 2019, 51(5S):164. *American College of Sports Medicine Annual Meeting*, Orlando, FL, USA, May 28-June 1, 2019.
- 167. Sands, C.J., Ducharme, S.W., Aguiar, E.J., Moore, C.C., Gould, Z.R., **Tudor-Locke, C.** Is Cadence a Better Predictor of the Walk-to-Run Transition than Speed and/or the Froude Number? *Medicine & Science in Sports & Exercise*, 2019, 51(5S):294. *American College of Sports Medicine Annual Meeting*, Orlando, FL, USA, May 28-June 1, 2019.
- 168. **Tudor-Locke C.**, Ducharme, S.W., McCullough, A.K., Moore, C.C., Sands, C.J., Gould, Z.R., Amalbert-Birriel, M.A., Aguiar, E.J., Schuna, J.M. Jr., Barreira, T.V., & Chipkin, S.R. Moderate Intensity Walking Cadence (Steps/min) in 61-85 Year Old Adults. *Medicine & Science in Sports & Exercise*, 2019, 51(5S):486. *American College of Sports Medicine Annual Meeting*, Orlando, FL, USA, May 28-June 1, 2019.

**INVITED TALKS AND LECTURES:** I have delivered over 90 invited academic presentations (over 30 outside of continental North America, including presentations in Australia, Brazil, Korea, Ireland, New Zealand, Portugal, Puerto Rico, Scotland, Sweden, Switzerland, and Norway).

- 1. **Tudor-Locke, C.** Enhancing exercise compliance. A realistic exercise program. Presented at the Canadian Diabetes Association Annual Conference, London, Ontario, October, 1997.
- 2. **Tudor-Locke, C.** Using pedometers to measure physical activity in typically sedentary populations. School of Public Health, University of South Carolina, July, 1999.
- 3. **Tudor-Locke, C.** Using pedometers to measure and motivate people to become more physically active. South Carolina Prevention Partner's Health at Work Conference, December 2000.
- 4. **Tudor-Locke, C.,** Practical pedometry for physical activity assessment and motivation. Centers for Disease Control and Prevention, Atlanta, Georgia, May 2001.
- 5. **Tudor-Locke, C.** Using pedometers to measure and motivate. University of Prince Edward Island, June 2002.
- 6. **Tudor-Locke, C.** Interpreting physical activity variables from the Cebu Longitudinal Health and Nutrition Survey, University of North Carolina, June 2002.
- 7. **Tudor-Locke, C.** Using pedometers to measure and motivate physical activity. University of Calgary, July 2002.
- 8. **Tudor-Locke, C.** Using pedometers for measurement and motivation, Cooper Aerobic Research Institute, Dallas, Texas, July 2003.
- 9. **Tudor-Locke, C.** The art and science of using pedometers for measurement and motivation. University of Sydney, August 2003.

- 10. **Tudor-Locke, C.** Using pedometers for measurement and motivation. University of Utah, February 2004.
- 11. **Tudor-Locke, C.** Using pedometers for measurement and motivation. University of North Carolina at Greensboro, February 2004.
- 12. **Tudor-Locke, C.** How many steps are enough? Oerias City Council Annual Conference: Obesity and Weight Control: Problems and Solutions, Oerias, Portugal, May 2004.
- 13. **Tudor-Locke, C.** From research to practice: Theory-based physical activity intervention for individuals with Type 2 diabetes. American College of Sports Medicine, Indianapolis, June 2004.
- 14. **Tudor-Locke, C.** Using pedometers for measurement and evaluation. Korean Association of Health, Physical Education, and Recreation. Daejon, Korea, June 2004.
- 15. **Tudor-Locke, C.** Interpreting physical activity variables. Korean National Sport University. Soeul, Korea, June 2004.
- 16. **Tudor-Locke, C.** Patterns of walking for exercise and transport: A unique application of time use data. The Food & Eating Consequences of Time Use Decision: A Research and Policy Conference. Economic Research Service, U.S. Department of Agriculture and the Farm Foundation, Washington, DC, July 2004.
- 17. **Tudor-Locke, C.,** Craig, C.L., Plotnikoff, R. & Bauman, A. Evaluation of quality of commercial pedometers. Canada On the Move: Step Two, Toronto, Ontario, Canada, September, 2004.
- 18. **Tudor-Locke, C.** Issues in measuring walking for transportation purposes. Light Rail Interest Group, Arizona State University Tempe Campus, November 2004.
- 19. **Tudor-Locke, C.** The use of pedometers for measuring and promoting physical activity. Department of Exercise and Nutritional Sciences, San Diego State University, February, 2005.
- 20. **Tudor-Locke, C.** Current pedometer guidelines for adults. American Alliance for Health, Physical Education, Recreation, and Dance, Chicago, April 2005.
- 21. **Tudor-Locke, C.** Protocols for pedometer-determined activity. Southwest American College of Sports Medicine, Las Vegas, November, 2005.
- 22. **Tudor-Locke, C.,** Practical pedometry. National Institutes of Health/ National Cancer Institute, Cancer Prevention and Control Colloquium Lecture, Rockville, DC, May 2005.
- 23. **Tudor-Locke, C.,** Pedometers and physical activity promotion: Uses and abuses in public health. Centers for Disease Control and Prevention, Atlanta, Georgia, August 2005.
- 24. **Tudor-Locke, C.,** How many steps a day? Adult health standards. Walking for Health: Measurement and Research Issues and Challenges. Champaign, Illinois. October, 2005.
- 25. **Tudor-Locke, C.** Development of a lifestyle program for type 2 diabetes: All the hard work needed to create something so simple. Canadian Diabetes Association National Conference, Edmonton, Alberta, Canada, October 2005.
- 26. **Tudor-Locke, C.** Pedometers and public health. Division of Nutrition and Physical Activity, Department of health and Human Services, Centers for Disease Control and Prevention, National Teleconference, December 2005.
- 27. **Tudor-Locke, C.** 10.000 steps/day are enough for health? CELAFISCS & AGITA SÃO PAULO Walking Forum, Sao Paulo, Brazil, February 2006.
- 28. **Tudor-Locke, C.** Steps recommendation for special groups: children, elderly and diabetes patients. CELAFISCS & AGITA SÃO PAULO Walking Forum, Sao Paulo, Brazil, February 2006.

- 29. **Tudor-Locke, C.** The art and science of pedometers in the walking prescription CELAFISCS & AGITA SÃO PAULO Walking Forum, Sao Paulo, Brazil, February 2006.
- 30. **Tudor-Locke, C.** From research to practice, the art and science of pedometry: How many steps are enough? International Congress on Physical Activity and Health, Atlanta, Georgia, April 2006.
- 31. **Tudor-Locke, C.,** Assessing physical activity. NIH Exposure Biology Workshop, Greensboro, North Carolina, May 2006.
- 32. **Tudor-Locke, C.** Working collaboratively in research. Fall Scholarship Forum, Center for Healthy Outcomes in Aging, Arizona State University, College of Nursing and Healthcare Innovation, October, 2006.
- 33. **Tudor-Locke, C.,** The art and science of pedometers in the walking prescription. Perspectives in Exercise, Health, and Fitness hosted by the Alberta CSEP health and Fitness Program and the Provincial Fitness Unit, Kananaskis, Alberta, November 2006.
- 34. **Tudor-Locke., C.** Walking: A woman's way to health. Miller Lecture, Women's Health Awareness Week, Mississippi University for Women, Columbus, Mississippi, February, 2007.
- 35. **Tudor-Locke, C.,** Practical pedometry in young populations. Stockholm, Sweden, March 2007.
- 36. **Tudor-Locke, C.,** Practical pedometry: Measurement of walking, University of Manitoba, Winnipeg, Manitoba, Canada, March, 2007.
- 37. **Tudor-Locke, C.,** Fighting the obesity epidemic: How many steps are enough? University of Western Australia, Perth, Australia, September 2007.
- 38. **Tudor-Locke, C.,** Objective monitoring instrumentation: Options and Choices. Sports Medicine Australia National Conference, Adelaide, Australia, October 2007.
- 39. **Tudor-Locke, C.,** Using pedometers to measure and promote physical activity in adults. Sports Medicine Australia National Conference, Adelaide, Australia, October 2007.
- 40. **Tudor-Locke, C.,** Pedometry in young populations. Deakin University, Melbourne, Australia, October 2007.
- 41. **Tudor-Locke, C.,** Pedometry in children. University of Queensland, St. Lucia Campus, Brisbane, Australia, November 2007.
- 42. **Tudor-Locke, C.,** The First Step Program: A theory-based, pedometer-driven, daily physical activity intervention. University of Queensland, Herston Campus, Brisbane, Australia, November 2007.
- 43. **Tudor-Locke, C.,** Using pedometers to measure and promote physical activity in adults. University of Woolongong, Woolongong, New South Wales, November 2007.
- 44. **Tudor-Locke, C.,** How many steps are enough? University of Sydney, Sydney, New South Wales, Australia, December 2007.
- 45. **Tudor-Locke, C.,** Objective monitoring instrumentation: Options and choices. University of Sydney, Sydney, New South Wales, Australia, December 2007.
- 46. **Tudor-Locke, C.,** The First Step Program: A theory-based, pedometer-driven, daily physical activity intervention. University of Sydney, Sydney, New South Wales, Australia, December 2007.
- 47. **Tudor-Locke, C.,** Pedometry in children. Auckland University of Technology, Auckland, New Zealand, December 2007.
- 48. **Tudor-Locke, C.,** Pedometry in children. Pennington Biomedical Research Center, Baton Rouge, Louisiana, December 2007.

- 49. **Tudor-Locke, C.,** Best practices for using pedometers for measurement and motivation, invited workshop, International Society of Behavioral Nutrition and Physical Activity, Banff, Canada, May, 2008.
- 50. **Tudor-Locke, C.,** How to use pedometers and other gadgets to implement a global health agenda. CELAFISCS & AGITA SÃO PAULO, Brazil, October 2008.
- 51. **Tudor-Locke, C.** Objective physical activity assessment: Instrument choices and options. CELAFISCS & AGITA SÃO PAULO, Brazil, October 2008.
- 52. **Tudor-Locke, C.** Using pedometers to measure physical activity in adults. CELAFISCS & AGITA SÃO PAULO, Brazil, October 2008.
- 53. **Tudor-Locke, C.** Using pedometers to measure physical activity in young populations. CELAFISCS & AGITA SÃO PAULO, Brazil, October 2008.
- 54. **Tudor-Locke, C.** Use of pedometers to promote physical activity in clinical populations, Ulster University, Belfast, Ireland, October 2009.
- 55. **Tudor-Locke, C.** Physical activity promotion in public health: a pedometry perspective. Queen's University, Belfast, Ireland, October 2009.
- 56. **Tudor-Locke, C.** Use of pedometers to measure and promote physical activity. Strathclyde University, Glasgow, Scotland, October 2009.
- 57. **Tudor-Locke, C.** What I have learned (so far). Strathclyde University, Glasgow, Scotland, October, 2009.
- 58. **Tudor-Locke, C.** Using pedometers to measure physical activity in young populations, University of Missouri, Columbia, Missouri, April 2010.
- 59. **Tudor-Locke, C.** How many steps are enough? University of Missouri, Columbia, Missouri, April 2010.
- 60. **Tudor-Locke, C.**, Strategies for better health: counting steps. XXXI FIMS Sports Medicine World Congress, San Juan, Puerto Rico, May 2010.
- 61. **Tudor-Locke, C.**, Using pedometers to quantify your exercise prescription. American Diabetes Association Annual Meeting, Orlando, Florida, June 2010.
- 62. **Tudor-Locke, C.,** Real world evaluation of physical activity using objective monitors. Childhood Obesity and Public Health Conference, Pennington Biomedical Research Center, Baton Rouge, Louisiana, September 2010.
- 63. **Tudor-Locke, C.,** Practical approaches to increasing physical activity. Centers for Disease Control, Atlanta, Georgia, March 2011.
- 64. **Tudor-Locke, C.,** How many steps are enough? New lessons from NHANES accelerometry. Tulane University, Prevention Research Center Seminar Series, New Orleans, Louisiana, April 2011.
- 65. **Tudor-Locke, C.** Cadence: An overlooked opportunity to measure and motivate ambulatory intensity? Invited Keynote. International Conference on Ambulatory Monitoring of Physical Activity and Movement. Glasgow, Scotland, May 2011.
- 66. **Tudor-Locke, C.** How many steps are enough? New lessons from NHANES accelerometry data. 3<sup>rd</sup> Annual Research Workshop, Delta Obesity Prevention Research Unit, University of Arkansas at Pine Bluff, August 2011.
- 67. **Tudor-Locke, C.** How many steps are enough for children and adolescents? Arkansas Children's Nutrition Center, University of Arkansas for Medical Sciences, Little Rock, Arkansas, September 2011.
- 68. **Tudor-Locke, C.** Cadence: An overlooked opportunity to measure and motivate ambulatory intensity? Guest Speaker, Faculty of Physical Education and Recreation, University of Alberta, November 2011.
- 69. **Tudor-Locke, C.** Showcasing career progression: unpackaging my career Catrine Tudor-Locke, PhD, FACSM, FNAK April 2020

- path. International Society of Behavioral Nutrition and Physical Activity, Early Career Workshop, Austin, Texas, May 2012.
- 70. **Tudor-Locke, C.** NHANES PAM data: What have we learned? Invited presentation as part of the Physical Activity Monitoring Methodologies Preconference Workshop, The Obesity Society Annual Meeting, San Antonio, Texas, September 2012.
- 71. **Tudor-Locke, C.** A walking tour of my research. Guest Speaker, Department of Exercise and Sport Sciences, College of Health, University of Utah, October, 2012.
- 72. **Tudor-Locke, C.** Giving elevator speeches to convey your research. Part of the Early Career Workshop at the International Society of Behavioral Nutrition and Physical Activity, Ghent, Belgium, May 2013.
- 73. **Tudor-Locke, C.** Where is the field of health promotion and education is heading? Department of Health Promotion and Education, College of Health, University of Utah, February 2014.
- 74. **Tudor-Locke, C.** Changing the way we work: Technological innovation in workplace wellness. Department of Health Promotion and Education, College of Health, University of Utah, February 2014.
- 75. **Tudor-Locke, C.** Step by step: Brief history of ambulatory activity measurement and its application. University of Basel. Basel, Switzerland, July 2014.
- 76. **Tudor-Locke, C.** How many steps/day are too few? Be Active National Conference, Canberra, Australia, October 2014.
- 77. **Tudor-Locke, C.** Elevating energy expenditure with workstation alternatives. Department of Kinesiology, University of Massachusetts at Amherst, November 2014.
- 78. **Tudor-Locke, C.** Walking and health. Universidade de Guadalajara, April 2015
- 79. **Tudor-Locke, C.** Introduction to objective monitoring. Universidade de Guadalajara, April 2015
- 80. **Tudor-Locke, C.** Older adults' objectively monitored walking behavior and the factors that shape them, National Academy of Kinesiology Meeting, Philadelphia, September, 2015.
- 81. **Tudor-Locke, C.** Walking and health. Universidade de Guadalajara, February 2016.
- 82. **Tudor-Locke, C.** How many steps/day are enough? Universidade de Guadalajara, February 2016.
- 83. **Tudor-Locke, C.** Light physical activity, obesity, and health. International Congress on Obesity, Vancourver, Canada, May 2016.
- 84. **Tudor-Locke, C.** Brief history of step counting in physical activity assessment. Norwegian School of Sport Sciences Annual Research Retreat, Kleivstua, Norway, May 2016.
- 85. **Tudor-Locke, C.** Changing the way we work: Elevating expenditure with workstation alternatives. University of Massachusetts Boston Nursing and Health Sciences Research Day, May 2016.
- 86. **Tudor-Locke, C.** Getting the numbers right: step counting indices for practice and policy. Keynote address at Health Enhancing Physical Activity European Conference, Queen's University, Belfast, Ireland, September 2016.
- 87. **Tudor-Locke, C.** How to reliably assess walking in the clinical setting. American Heart Association Annual Meeting, New Orleans, Louisiana, November 2016.
- 88. **Tudor-Locke, C.** Step counting and cadence tracking: numbers to walk by. College of Nursing, University of Massachusetts Amherst.
- 89. **Tudor-Locke, C.** Walking the walk: A history of step counting and cadence tracking. President's Lecture. South East American College of Sports Medicine,

February 2017.

- 90. **Tudor-Locke, C.** History of step counting and cadence tracking. JoAnne Safrit Keynote Lecture, SHAPE America, Boston, March 2017.
- 91. **Tudor-Locke, C.** Step counting and cadence tracking: How many and how fast? PERFORM Center Annual Research Conference, Concordia University, Montreal, Canada, May 2017.

#### 9. COMMERCIALIZATION

Intellectual property held for:

Portable Pedal Desk with Maneuverable Desk Top, including hardware sensor and software to support automated behavior tracking and engagement. Patent filed, subsequently abandoned. Tracking software and programing copyrighted. TriVit system and methods for visually displaying integrated and real-time movement/non-movement data. Patent pending.

#### 10. SERVICE

#### **Editor/Editorial Boards:**

Epidemiology Section Editor, Research Quarterly for Exercise and Sport. 2004-2007 Editorial Board Member, International Journal of Behavioral Nutrition and Physical Activity. 2009-present

Guest Editor, Special Supplement on Objective Monitoring in Clinical Populations for *Physical Therapy Reviews*, 2010, 15(3).

Senior Associate Editor, *Journal of Physical Activity and Health*. 2012-2016. Associate Editor, *Medicine and Science in Sports and Exercise*, 2013-present. Guest Editor, Special Supplement on Objective Monitoring of Ambulatory Activity, *British Journal of Sports Medicine*, 2014, 48(13).

## **Ad Hoc Manuscript Reviewer**

Applied Physiology and Nutrition Metabolism

American Journal of Epidemiology

American Journal of Physical Medicine and Rehabilitation

American Journal of Preventive Medicine

American Journal of Public Health

American Journal of Lifestyle Medicine

Annals of Internal Medicine

BMC Public Health

British Journal of Sports Medicine

British Medical Journal

Canadian Journal of Applied Physiology

Canadian Journal of Diabetes Care

Canadian Journal on Aging

Chest

Child: Care, Health, and Development

Current Aging Science

European Physical Education Review

Health & Place

Health Psychology

International Journal of Behavioral Medicine

International Journal of Behavioral Nutrition and Physical Activity

International Journal of Environmental Research and Public Health

International Journal of Obesity

**JAMA** 

Journal of Aging and Physical Activity

Journal of Cardiopulmonary Rehabilitation

Journal of Child Health Care

Journal of Epidemiology and Community Health

Journal of Leisure Research

Journal of Physical Activity and Health

Measurement in Physical Education and Sport

Medicine and Science in Sport and Exercise

Obesity

Obesity Reviews

Osteoporosis International

PLoS ONE

Pediatric Exercise Science

**Pediatrics** 

Physical Therapy Reviews

Preventive Medicine

Public Health Nutrition

Respirology

Research Quarterly for Exercise and Sport

Saudi Medical Journal

Science

Sports Medicine

Sustainability: Science, Practice, Policy

## **Committee Membership/Leadership**

#### International

International Study of Children's Obesity, Lifestyle, and Environment, Accelerometer Workgroup, 2012-2015.

International Society of Behavioral Medicine, Membership Sub-Committee (2011- 2014)

Advisory Committee in the development of *International Leadership Training Guidelines to Prepare Physical Activity Instructors of Older Adults, presented at the* 6<sup>th</sup> World Congress on Aging and Physical Activity, August 2004

#### **National**

American College of Sports Medicine
Catrine Tudor-Locke, PhD, FACSM, FNAK – April 2020

First Vice President 2018 Second Vice President 2017

Portfolio: Research, Medicine, Science, Health and Fitness Board of Trustee Member 2008-2011

Health-Fitness Content Advisory Committee 2007 – 2010 Communications and Public Information 2007- 2017

Task Force on Health Air Travel (Member) 2005-2008

Lifestyle Interventions for Elderly, Accelerometer Workgroup, 2011-2015.

Sector Advisory Panel Member for the Business and Industry Sector of the National Physical Activity Plan, 2013 - 2017

National Academy of Kinesiology, Awards Committee 2016-present

#### Local

American Heart Association, Greater Southeast Affiliate Research Committee, 2013- 2015

Ontario Chapter: The Canadian Evaluation Society, 1996-1998

		D
1997-1998	Graduate Affairs Committee	Department of Health Studies and Gerontology
1007 1000	(Student representative)	University of Waterloo
1997-1998	Graduate Affairs Committee	Faculty of Applied Health Studies
1007 1000	(Student representative)	University of Waterloo
1997-1999	Graduate Orientation Committee	Department of Health Studies and Gerontology
1000	Davidonment of Craduate	University of Waterloo
1999	Development of Graduate	Faculty of Applied Health Studies
2001 2002	Teaching Assistant Manual	University of Waterloo
2001-2002	Department Bylaws Committee	Department of Exercise and Wellness
2001-2002	Health Promotion Track	Arizona State University  Department of Everyise and Wellness
2001-2002	Committee	Department of Exercise and Wellness
2001-2002		Arizona State University
2001-2002	Applied Biology Program Committee	Arizona State University
2002 2004		East College  Department of Eversies and Wellness
2002-2004	Colloquium Series Coordinator	Department of Exercise and Wellness
2002	Search Committee	Arizona State University Department of Exercise and Wellness
2002	Health Promotion Technology	Arizona State University
2002-2008	Personnel Committee	Department of Exercise and Wellness
2002-2008	(Chair of Committee in 2006)	Arizona State University
2002-2005	Undergraduate Curriculum	Department of Exercise and Wellness
2002-2003	Committee	Arizona State University
2003-2004	Faculty Fellow	Arizona State University
2003-2004	Self-study Committee	Department of Exercise and Wellness
2003-2004	Sen-study Committee	Arizona State University
2004-2005	Academic Program Review	Department of Exercise and Wellness
2004 2003	readenne i rogram Review	Arizona State University
2004-2007	Committee of Review	East College Assembly
2001 2007	Committee of Iteview	Arizona State University
2005-2007	Governance Grievance Committee	East Academic Assembly
2008 2007	30 vermance one vance committee	Arizona State University
2006	Search Committee Chair	Department of Exercise and Wellness
	Biostatistics/Measurement Position	Arizona State University
2006	Faculty Advisor to Healthy	Department of Exercise and Wellness
	Lifestyles Research Conference	Arizona State University
2007	Search Committee Chair	Department of Exercise and Wellness
	Health Promotion Technology	Arizona State University
	Position	·
2007	Search Committee Member	Department of Exercise and Wellness
	Department Chair	Arizona State University
2008-2015	Wellness Committee Member	Pennington Biomedical Research Center
2011-2015	Library Services Advisory	Pennington Biomedical Research Center
	Committee Member	-

2012	Co-Chair, United Way Campaign	Pennington Biomedical Research Center
2014	Co-coordinator, Physical	Pennington Biomedical Research Center
	Activity/Sedentary Behavior	
	Interest Group	
2014	Pennington representative to	Pennington Biomedical Research Center
	NEXT-Net	
2015-present	Dean's Executive Council member	School of Public Health and Health Sciences
		University of Massachusetts Amherst
2015-present	Advisory Board member	School of Public Health and Health Sciences
		University of Massachusetts Amherst
2017-present	Research Administration Advisory	University of Massachusetts Amherst
	Board member	
2018-present	STEM Doctoral Fellowship	University of Massachusetts Amherst
	Review Committee	

### **Grant Reviewing**

AAHPERD Research Consortium Grant Reviewer (2001)

Southwest ACSM Annual Conference Abstract Reviewer (2002)

Scientific Advisory Board, NIH-funded project "Increasing Non-Motorized Travel to School," 2003

Canadian Diabetes Association Applied Research Grant Reviewer (2003, 2005)

Research Grants Council of Hong Kong Grant Reviewer (2003)

St Joseph's Hospital and Medical Center Community Health and Wellness Grants Reviewer (2003)

NIH Psychosocial Risk and Disease Prevention, study section ad hoc reviewer (2011)

BUPA Foundation, The Medical Research Charity U.K. (2012)

Ohio University Research Committee Internal Grant Awards (2012)

NIH Special Section Reviewer (2019)

Data Safety Monitoring Board, San Diego State University (2018 to present)

#### **Consultant Positions**

Program Evaluator, Kyrene School Board, 2004-2007

Consultant, Caminamos, San Diego State University, 2004-2007

Consultant, Physical Education Department, Arizona State University 2010

Consultant, Public Health Agency of Canada, 2010

#### **Conference Organization**

Scientific Program Committee. Walking for Health: Measurement and Research Issues and Challenges. Urbana-Champaign, October, 2005.

Program Committee, 3<sup>rd</sup> International Congress on Physical Activity and Public Health, Toronto, Canada, May 2010.

Scientific Program Committee. International Conference on Ambulatory Monitoring of Physical Activity and Movement (ICAMPAM), Glasgow, Scotland, May 2011.

- Early Career Workshop, International Society of Behavioral Nutrition and Physical activity, Austin, TX, May 2012.
- Scientific Program Committee. International Conference on Ambulatory Monitoring of Physical Activity and Movement (ICAMPAM), Amherst, MA, May 2013.
- Scientific Program Committee. International Conference on Ambulatory Monitoring of Physical Activity and Movement (ICAMPAM), Limerick, Ireland, June 2015.
- Scientific Program Committee. International Conference on Ambulatory Monitoring of Physical Activity and Movement (ICAMPAM), Bethesda, Maryland, to be held June 2017.

#### 11. TEACHING AND MENTORING

### **Courses Taught**

### Undergraduate

Exercise Physiology (Dalhousie University)

Introduction to Gerontology (University of Waterloo)

Foundations of Exercise and Wellness (Arizona State University)

Health Behavior Change (in-class and on-line versions; Arizona State University)

Health Promotion and Program Evaluation (in-class and hybrid versions; Arizona State University)

Epidemiology (in-class, on-line, and hybrid versions; Arizona State University)

Wearable Technologies in Physical Activity and Health (Honors

Thesis Seminar; University of Massachusetts Amherst)

#### Graduate

Health Behavior Change (Arizona State University)

Health Program Evaluation (Arizona State University)

Health Promotion Theory (Arizona State University)

Exercise Epidemiology (Arizona State University)

Physical Activity and Nutrition Epidemiology (Arizona State University)

Principles of Epidemiology (WP Carey School of Business, Arizona State University)

Infectious Disease Epidemiology (WP Carey School of Business, Arizona State University)

Wearable Technologies in Physical Activity and Health (Summer Institute, hybrid on-line and residential version, University of Massachusetts Amherst, release planned for summer 2019)

In addition, I was awarded a competitive contract to develop a cross-listed (Arizona State University's Exercise and Wellness Department and Department of Gerontology) graduate level on-line course in Physical Activity and Aging, to be taught be an in-coming Assistant Professor.

# **High School Research Internships**

Adina Chasen-Taber, Summer 2017

# **Undergraduate Research Internships**

Clement Boang, Summer 2017

# **Undergraduate Independent Studies**

Student	Title	Completion
Christopher C. Moore	Sex differences in the cadence (steps/min) and	May 2017
	intensity relationship in 21 to 40-year-old adults	
Erica Doyle	Individualized cadence in laboratory and free-living	May 2017
	settings	
Colleen Sands	Cadence entrainment to auditory prompts	May 2017
Colleen Sands	Expected values for steps/day in older adults and	May 2018
	special populations	
Katherine Sweeney	Expected values of steps/day for youth special	May 2018
	populations)	
Julie Thorpe	Using cadence to study youth ambulatory behavior:	May 2018
	how fast is fast enough?	
Evan Smith	Expected values for daily cadence in older adults	May 2018
	and special populations	

**Undergraduate Honors Theses** 

Student	Title	Completion
Erica Doyle	The relationship between daily physical activity and mood	May 2017
Colleen J. Sands	Validity of wearable devices at varying running Intensities	May 2017
Abbey E. Barkley	Effectiveness of step count display on physical activity level in college students	May 2017
Christopher M. Boussy	Objectively measured physical activity of student first responders	May 2017
Mark L. Chicote	Assessing the validity of Fitbit Surge heart rate monitoring in elite runners	May 2017
Matthew J. Golben	Meditation and heart rate recovery	May 2017
Jordan Lapides	Validity of Fitbit for energy expenditure during resistance training	May 2017
Jizhou Zhou	The validity of wearable technologies to estimate step counts	May 2017
Rose E. Petrozzino	The effect of goal setting on daily step counts	May 2017
Jared M. Stone	Effects of inducing sedentary behavior on active, mentally healthy college-aged students	May 2017

Lada Grigoreva	Does a relationship between steps per day and nighttime sleep duration in full-time college students exist?  May 2018	
Avery Guan	Monitoring dance physical activity in college students	May 2018
Jad Imad	Can wearable devices that count steps be used to monitor horse rider's activity during rising trot?	May 2018
Elizabeth Loranger	The correlations between objective monitored physical activity level and daily mood	May 2018
Alyssa Murray	Wearable devices in strength training	May 2018
Ashlyn Neil Reilly	Effect of place residence on walking behavior in university students	May 2018
Evan Smith	Pilot validation study of photoplethysmography heart rate monitors in cold ambient temperatures	May 2018
Shreyas Srikanth	The effect of scheduling on the physical activity of university students	May 2018
Katherine Sweeney	A comparison of the validity of physical activity tracking devices in response to variable ground	May 2018
Julie Thorpe	Apple iPhone accuracy based on placement	May 2018
Shefali Mangtani	The association between physical activity habits and oral hygiene habits	May 2019
Jacob R. Smith	Waist versus wrist worn accelerometers during treadmill walking with simulated pregnancy	May 2019
Julia E. Shaughnessy	Physical activity and stress in college students	May 2019
Nicole Tschuor	The effect of different types of exercise on steps per day	May 2019
Liam Gross	Volume of aerobic physical activity and memory	May 2019
Edwood Brice	Reality exergaming and traditional physical activity	May 2019
Jake Marcoulier	The effects of non-academic activities on students' daily step count	May 2019
Brayden Woods	Effect of positive partner interaction on cardiovascular reactivity during exercise	May 2019
Shannon Nagle	The effects of high-heeled shoes on daily step count in college-aged women	May 2019
Jennifer Stanton	The impact of academic examinations on physical activity levels in college students	May 2019
Thomas Martin	Validity and reliability of activity monitors during treadmill interval training	May 2019
Katelyn Roche	Physical activity and stress in college students	May 2019
Taylor Blow	Variances in steps/day due to high intensity physical activity in collegiate runners	May 2019

Samantha Runshaw Relationships between energy consumption and		May 2019
	expenditure in habitual runners	

# **Graduate Students Supervised**

# DOCTORAL STUDENTS' CHAIR

Student	Title	Completion
Sarah M. (Keup) Lee	The walking suitability of	May 2004; CDC
	elementary schools: implications	
	for active commuting	
Susan (White) Sisson	Analysis of the environments	May 2006; Post –doc, University
	related to cycling behavior on a	of South Carolina; Pennington
	university campus	Biomedical Research Center,
		Lousiana; University of
		Oklahoma Health Science Center
James McClain	Effect of epoch length on	May 2007:
	physical activity intensity outputs	Post-doc, Johns Hopkins
	from the Actigraph accelerometer	University; National Cancer
	in children	Institute
Teresa (Abraham) Hart	Comparison of physical activity	May 2009
	and sedentary behavior as	Post-doc University of
	assessed by accelerometers and	Wisconsin-Madison;
	a self-report record	Arizona State University
Cayla McAvoy	TBD	Anticipated May 2024

## **MASTERS STUDENTS' CHAIR**

Student	Title	Completion
Kelly M. Elsenbaumer	Accuracy of pedometers in adults stratified by body mass index category	May 2003; University of Washington
Jennifer Mrozek	Pedometer Assessed Physical Activity and Functional Fitness in Older Adults	May 2004: Entrepreneur
Jodi Hipke	Reliability of pedometers under controlled and free-living conditions	May 2004: Director Human Resources for U-Haul USA
Melissa Farnsworth	ActivPAL activity monitor versus self-reported activity records in middle-aged women	May 2008; Homemaker
Rene Getz	Commuting in a car, physical activity, and overweight and obesity in adults	May 2008; Marketplace chaplains
Christopher C. Moore	Development and cross-validation of a cadence-based metabolic equation for walking	May 2019
Colleen Sands	TBD	Anticipated May 2020
Zachary Gould	TBD	Anticipated May 2020

# **Theses and Dissertation Committees**

## DOCTORAL STUDENTS' COMMITTEE MEMBER

Student	Title	Completion
Stephen D. Ball	Accuracy of anthropmetry compared to dual	March 2002: University
	energy x-ray absorptiometry: a new	of St. Louis
	generalizable equation	
Cara Lynn Sidman	Promoting physical activity among	March 2002; James
	sedentary women using pedometers	Madison University
Bridgette Wilde	Activity patterns of high school students	April 2002; Maricopa
	assessed by a pedometer and a national	College
	activity questionnaire	
Veronique Pepin	Functional fitness of older coronary patients:	May 2003; Hopital
	Response to outpatient cardiac rehabilitation	Laval
Kimberly McGee	Physical activity habits of former NFL	May 2004; University
	players	of Arizona
Guy Le Masurier	Pedometer Determined Physical Activity	May 2004; Penn State
	Levels of Middle School Students	
Kendy Kucska	An Examination of the Variability of	May 2005
	Physical Activity, Obesity, and Social	
	Psychological Factors in Adolescents	

Jake Havenar	An analysis of the effectiveness of physical activity counseling (PAC) on long term	May 2007
	physical activity adherence	
Albert Mendoza	A comprehensive validation of activity	August 2018; faculty
	trackers for estimating physical activity and	
	sedentary behavior in free-living settings	

### MASTERS STUDENTS' COMMITTEE MEMBER

Student	Title	Completion
Robert Ozdoba	Does reactivity exist in children when	April 2002; Teacher
	measuring activity levels with open	
	pedometers?	
Teresa Lynn Abraham	An intervention aimed at worksite health	November 2002;
	promotion program drop-outs	Personal Trainer
Kelly B. Lynch	Step counts on basketball days versus non-	May 2003; Personal
	basketball days: testing compensation	Trainer
Kristen E. Maloney	Physical activity assessment of children	May 2003; Teacher
	using pedometers	
Christine Reese	Chronic disease risk factors throughout the	Dec 2004;
	life cycle of active and sedentary women	Registered dietician
Nancy Litterman Howe	A worksite-based intervention designed to	Dec 2005;
	increase adherence to physical activity	Research coordinator
	The development and testing of a direct	August 2018
Melanna Cox	observation protocol as a criterion measure	PhD training at UMass

### **Mentoring of Postdoctoral Fellows**

Mentoring Committee Member for Jean Gabrielle, Sarah Camhi, Tiago Barreria, Neil Johannsen, Damon Swift - Pennington Biomedical Research Center 2008 to 2015 John M. Schuna, Jr. 2012 to 2014 Jongil Lim, 2015 to 2016 Michael Busa, 2015 to 2016 Ho Han, 2015 to 2017 Elroy Aguiar, 2015 to 2019 Scott Ducharme, 2017 to 2019

Aston McCullough, 2018 to 2019 Jose Rafael Mora Gonzalez 2019-present

## **Mentoring of Visiting International Scholars**

Lauren Frensham, Australia, 2012 Mahara Proenca, Brazil, 2013-2014 Gerson Ferrari, Brazil, 2014 Knut-Erik Dalene, Norway, 2016 Guilherme Tacao, Brazil, 2016-2017 Jairo Hildago Migueles, Spain, 2017 Ivan Cavero Rodondo, Spain 2018 Celia Alvarez-Bueno, Spain 2018

## Bernadette Nakabazi, Uganda 2018

## Mentoring of ACSM Leadership and Diversity Award Scholars

Virgilio Lopez, University of Connecticut, 2017 to 2018

# **Hosting Sabbatical Scholars**

Melissa Roti, Wakefield University, 2018 Tomoaki Sakai, Hokkaido University, 2019-2020